

PROGRAM FAQ

WHEN ARE THE SESSIONS?

- Middle school sessions: Tuesdays 3-4:30pm
- High school sessions: Thursdays 3-4:30pm

WHERE ARE THE SESSIONS?

- This program is hosted by the Community Resource Center of Stanwood Camano. So, all sessions are held at the CRC, located at: 9612 271st St NW, Stanwood, WA 98292

WHEN CAN I ARRIVE?

- You can arrive right after school gets out. The room will be available for you to check in for the session of the day, have a snack, decompress, do some homework, or chat with others prior to the session starting at 3pm!

DO I NEED TO BRING ANYTHING?

- Just yourself and an open mind! The program will provide anything else that you may need to participate

HOW WILL I KNOW WHAT THE SESSION IS ABOUT EACH WEEK?

- We have a calendar that you will receive with your new participant paperwork! Each month has a theme, and we will learn about that theme each week of the month. You can always ask the social workers or the CRC staff what the session of the week is about! The CRC also keeps an updated calendar of events on their website where you can find information about the weekly sessions.

WHAT DOES IT COST TO PARTICIPATE?

- This program is currently free of charge! The Community Resource Center of Stanwood Camano has partnered with CJSW to develop an evidence-based youth program to best serve the community, and is covering the costs at this time.

WHO IS CJSW AND WHY ARE THEY INVOLVED?

- CJSW stands for Center for Justice Social Work, a social work agency based out of Arlington, WA. CJSW's overall vision is a world in which all people, regardless of health condition, race, age, gender, identity and belief are provided equitable services for behavioral health. CJSW is dedicated to collaborating with fellow community organizations to provide behavioral health resources to those in need.

PROGRAM CONTACT INFO

teenelevate@cjsw.org (360)218-4645

PROGRAM FAQ

CAN I SEE A SOCIAL WORKER INDIVIDUALLY?

- Absolutely! You can tell any of our social workers before, during or after session in person, let us know on the check in form you fill out, or email CJSW's Teen Elevate Team directly at teenelevate@cjsw.org. The team can help you identify appropriate resources for your specific situation and provide referrals if needed.

WHO CAN I OR MY PARENTS CONTACT IF THEY HAVE ANY QUESTIONS?

- You can contact the Teen Elevate Team at teenelevate@cjsw.org or call CJSW directly at (360)218-4645

IS IT GOING TO BE FUN?

- That's one of our goals! This program was developed to be evidence-based, but our social work team has worked really hard to make it fun and engaging as well as mental health focused

AS A PARENT/GUARDIAN, WHAT KIND OF COMMUNICATION CAN I EXPECT?

- Because Teen Elevate is an evidenced based mental health program facilitated by licensed social workers, privacy of information is handled in accordance to HIPAA and RCW 70.02.240, see additional resources below:
 - <https://www.hhs.gov/sites/default/files/hipaa-privacy-rule-and-sharing-info-related-to-mental-health.pdf>
 - <https://app.leg.wa.gov/rcw/default.aspx?cite=70.02.240>
- If the teen chooses to involve parents/guardians in communication about their participation in the Teen Elevate program, the teen will need to sign a release of information that can outline what information is okay to discuss between CJSW/CRC staff and parents and guardians
- CJSW social workers are able to share information about the curriculum and session topics, as well as answer any questions around topics covered in session or future project plans.

PROGRAM CONTACT INFO

teenelevate@cjsw.org (360)218-4645